



NETLEY ABBEY RUNNERS

Membership Application Form

Affiliation Number 7692836

First Name (s)		Title (e.g. Doctor)	
Last Name		Date of Birth	
Address 1		Gender	
Address 2		Post Code	
Town			
County		Ethnic Origin	(see over)

Contact

Home Phone		Mobile Phone	
Email			

Emergency Contact

Name	Relationship	Contact Number

Level of Running (tick box)

Half Marathon +	10 miles	10 K	5 K	Beginner

Annual Membership (April-March) fees (please tick relevant box:

Adults £26 (includes UKA Affiliation) [] / Non-Affiliated Adults £12 (No competitive races) []

Second Claim Club Adults £12 (UKA Affiliated with First Claim Club []

Non-Affiliated Juniors (4-17) No Fee [] / UKA Affiliated Juniors (14-17) £14 (For competitive races) []

I confirm that I am able to compete under UK Athletics Rules. I agree to the disclosure of my personal data for the club's administrative procedures and for my details to be registered with Run England (England Athletics) as a new club runner.

I wish to become a member of Netley Abbey Runners, and hereby agree to abide by the Code of Conduct & Constitution

A copy of the UK Athletic Rules, Code of Conduct and Constitution can be found at www.netleyabbeyrunners.com/members.html

I confirm that I am aware that photos and videos taken at official club events may be used on the website and NAR social media accounts (e.g. Facebook and Twitter) – Please email the Club Secretary if there is an issue with this.

Have you read and understood the Code of Conduct ? YES / NO

Have you completed filled out the medical questionnaire and ethnicity application on the second page ? YES / NO

Signed: _____

Date: _____

Applicant / Parent or Guardian of applicant if under 16

Payment details.

Payment can be made to Netley Abbey Runners via Jeremy Robbins (Club Treasurer) treasurer@netleyabbeyrunners.com

On-line payment BACS details: NatWest | NetleyAbbeyRunners | 60-20-03 | 34660046

Membership form can be emailed to Vicki Brunink (Secretary) secretary@netleyabbeyrunners.com or handed over at Netley Abbey parkrun and NAR runs.

Thank you for Joining Netley Abbey Runners, there are a number of planned runs throughout each week with a list of races which other members are entering, more information can be found on the website at www.netleyabbeyrunners.com or by contacting the following:

Acting Club Chair : Chris Lewis – chair@netleyabbeyrunners.com

Club Secretary: Vicki Brunink – secretary@netleyabbeyrunners.com

Medical Questionnaire

Question	Yes	No
Do you have a Heart Condition?		
Have you experienced any chest pains when exercising / running in the past month?		
Do you ever lose balance or suffer from any unexplained dizziness?		
Do you ever lose consciousness or faint?		
Do you have any bone or joint problem that may become worse by a change in physical activity?		
Is your doctor currently prescribing any drugs for blood pressure or a heart condition?		
Are you aware of any other reason why you should not exercise?		

If you have answered yes to any of the above questions, **please** consult your doctor prior to returning your application form.

All medical information disclosed on this form will be used in the strictest of confidence by our Run Leaders to ensure that risk assessments can be taken to help prevent accidents and incidents during a run and to help facilitate care if a medical emergency arises. Details of the Run Leaders can be found on the website. It is important to advise the Club Secretary, Vicki Brunink secretary@netleyabbeyrunners.com, 07841 109297, if there are further potential issues so that this information can be conveyed to the Run Leaders prior to the scheduled runs.

Ethnic Origin

	Tick Box
White (UK)	
White (European)	
White (Non-European)	
Bangladeshi	
Black (UK)	
Black (African)	
Black (Caribbean)	
Chinese	
Indian	
Pakistani	
Mixed Race	
Other	

Admin Use Only:

Received:	
Paid:	
Affiliated:	
Card:	